



Choose **VA**

RECEIVING VA INFORMATION IRON MOUNTAIN VAMC

CONNECTING WITH US THROUGH



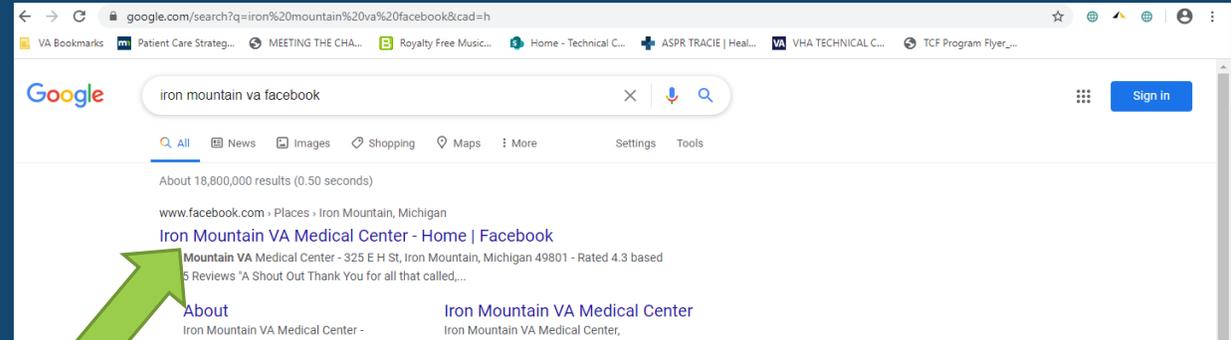


CONNECTING
WITHOUT A



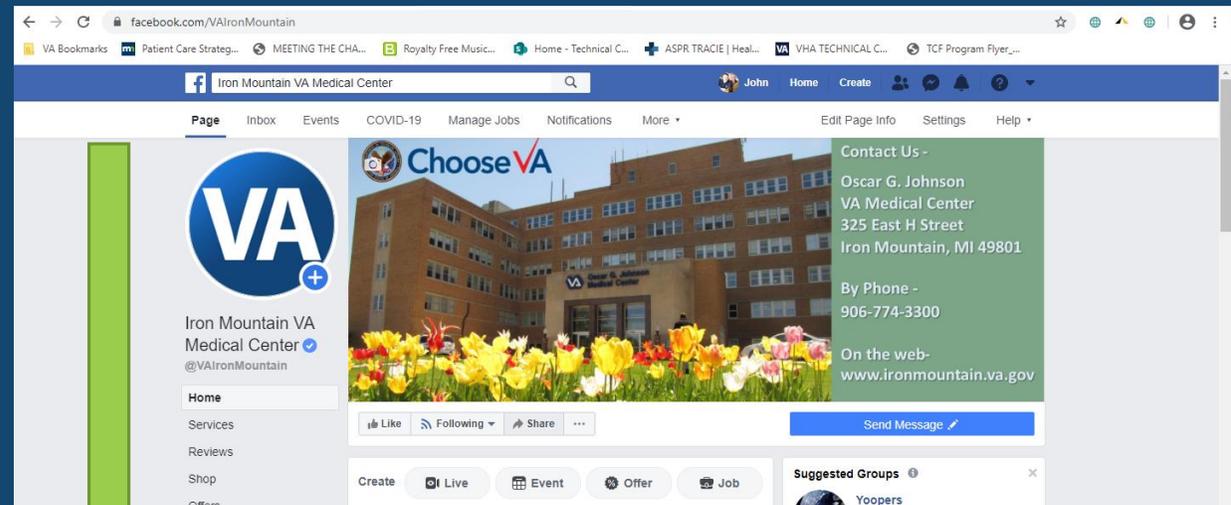
ACCOUNT

Google search "Iron Mountain VA facebook"



Click here

This is what you should see.



Scroll down to find and view content.



Choose VA

COMMUNICATING WITH US THROUGH



In order to post comments or ask questions you must have a Facebook account.

- Open your browser and type “Facebook.com”
- You should see this.

The screenshot shows the Facebook login and sign-up page. At the top, there are fields for 'Email or Phone' and 'Password' with a 'Log In' button. Below this is the 'Sign Up' section with the heading 'It's quick and easy.' The form includes fields for 'First name', 'Last name', 'Mobile number or email', and 'New password'. There is a 'Birthday' section with dropdown menus for month (May), day (27), and year (1995). Below that is a 'Gender' section with radio buttons for 'Female', 'Male', and 'Custom'. At the bottom of the form is a green 'Sign Up' button. A green arrow points from the text below to the sign-up form fields.

Fill out this information and you are ready to go.

When you have your profile set up, you can access our page just by clicking a button...



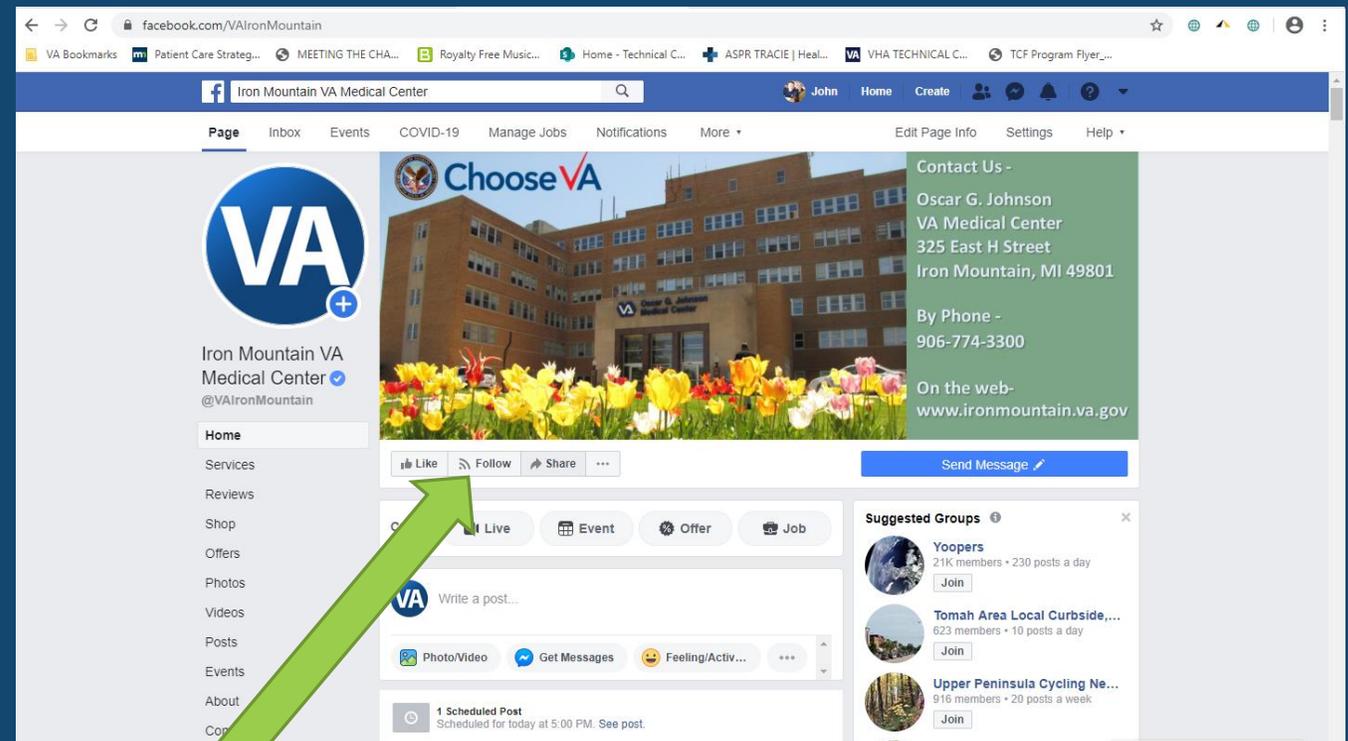
ChooseVA

CONNECTING WITH A



ACCOUNT

- Log-in to your Facebook profile.
- Type “Iron Mountain VA Medical Center” in the search bar.
- Click the first option at the top of the search page.
- You should see this:



- Click Follow, that's it. If you do nothing else, you will receive our posts in your newsfeed.