

# MISSION

The Goal of the clinic is to empower veterans to Heal the Past-Live the Present-Dream the Future.

As Circle of Care Providers we work with your Primary Care Provider in situations where good health care involves paying attention not only to the physical health, but also emotional health, habits, behaviors, and how those interact with each other.

Our Job is to obtain information about your life, what is working well and what is not working as well for you. Before you leave our clinic we will take the information you have given us and together we will come up with your pathway to wellness.

It is the responsibility of the Circle of Care Clinic to help protect your rights and values. As with all others provider's if you state something that could possibly mean you will harm to yourself or others, our team will need to take the appropriate action.

We would like to keep the lines of communication open. So we ask that if you have any questions or concerns to please let us know.

## Who is eligible to receive these services?

The Service is available to all patients within Primary Care as a part of good overall health care.

How do I schedule an appointment?

**Discuss with your provider your desire to access this service. If your provider agrees please call to schedule .**

**1-(800) 215-8262, ex. 32555  
or  
(906) 774-3300 ex.32555**

Department of Veterans Affairs

**Circle of Care Clinic  
325 E "H" Street  
Iron Mountain, MI 49801**

**L. Kevin Connon, HT  
Karen Krebsbach, LMSW  
Cory Vedin, LMSW  
Cynthia Ziller, MSN, CS, MHNP**

Welcome to the Circle of Care

Helping Veterans  
on their Pathway  
to Wellness...

**CIRCLE OF CARE CLINIC  
Your Primary Care Service**

**What is it?  
How can we help you?**



Oscar G. Johnson Medical Center

**1-(800) 215-8262, ex. 32555  
(906) 774-3300 ex. 32555**

## Circle of Care Clinic Your Primary Care Service

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### How is this service different from Mental Health?

The Services provided by the CCC are simply another part of your overall health care and are not specialty mental health care.

Documentation of your assessment and recommendations from the CCC will be written in your medical record. A separate mental health record will not be kept when you see the CCC.

You will be seen in Primary Care and the CCC will not provide traditional psychotherapy. If you request, or the CCC feels you would benefit from Specialty services, they will recommend that you and your PCM consider specialty behavioral health services.

### What kinds of Health Concerns do we see?

The Circle of Care (CCC) can help you reduce symptoms associated with various chronic medical conditions or help you cope better with these conditions. A few of these are:

- ◆ Headaches
- ◆ Sleep
- ◆ Diabetes
- ◆ Chronic Pain
- ◆ Asthma
- ◆ High Blood Pressure
- ◆ Smoking Cessation
- ◆ Alcohol Misuse

The CCC can help you and your primary care provider develop behavioral change plans or lifestyle medications.

The CCC can also help you and your Primary Care provider develop skills to effectively manage emotional or behavioral difficulties such as:

- ◆ Depression
- ◆ Family/Relationship Problems
- ◆ Stress
- ◆ Anger
- ◆ Anxiety
- ◆ Bereavement

We will in turn, work to the best of our ability to keep you informed in a timely manner.

Hopefully working together as a team, we can provide the very best holistic care for your mind, body spiritual, and emotional self.

Your total health is the most important goal of the Circle of Care Clinic.